

**Our mission** is to make Feldenkrais® classes accessible to younger generations and to people from a variety of multicultural communities.  
 — A project of the Feldenkrais Legacy Forum (FLF) which is a part of the Feldenkrais Educational Foundation of North America (FEFNA)

Please click on a teacher's name below to sign up for a class ~ we hope to see you soon!

[Feldenkrais® Inclusion Initiative](#) Reaching Out to More Communities

## Calendar Feldenkrais® Inclusion Initiative 2024

|  | Mon   | Tue   | Wed  | Thu  | Fri   | Sat   |
|--|---|---|--|--|---|---|
|  |   | <a href="#">Katarina Halm</a><br>Tuesday<br>7:00 am Pacific | <a href="#">Fritha Pengelly</a><br>Wednesday<br>6am Pacific  | <a href="#">Fritha Pengelly</a><br>Thursday<br>6am Pacific | <a href="#">Jaclyn Boone</a><br>Friday<br>7:00 am Pacific     |   |
|  | <a href="#">Alice Friedman</a><br>Monday<br>9 am Pacific    |   |  |  | <a href="#">Liza Weaver Brickey</a><br>Friday<br>9 am Pacific | <a href="#">Peggi Honig</a><br>Saturday<br>9 am Pacific     |
|  | <a href="#">Dianna Dryden</a><br>Monday<br>9 am Pacific     |   | <a href="#">Jeff Haller</a><br>Wednesday<br>10 am Pacific    |  |   | <a href="#">Bobbie Ueunten</a><br>Saturday<br>10 am Pacific |
|  | <a href="#">Rachel Rudansky</a><br>Monday<br>11 am Pacific  | <a href="#">Peggi Honig</a><br>Tuesday<br>Noon Pacific      | <a href="#">Peggi Honig</a><br>Wednesday<br>10:30 am Pacific |  | <a href="#">Peggi Honig</a><br>Friday<br>Noon Pacific         |   |
|  | <a href="#">Bobbie Ueunten</a><br>Mon & Wed<br>1 pm Pacific |   | <a href="#">Bobbie Ueunten</a><br>Mon & Wed<br>1 pm Pacific  |  |   |   |
|  |   | <a href="#">Paris Kern</a><br>Tuesday<br>3pm Pacific        | <a href="#">Alice Friedman</a><br>Wednesday<br>5pm Pacific   | <a href="#">Jeff Haller</a><br>Thursday<br>7 pm Pacific    |   |   |

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